

Altar Set Up for Lama Chöpa Tsog



Lama Chöpa Merit Field



Tsog Bowls: HHDL Participants (+ Drinks) LZR For Geshe/ Lama/Ven. (if present)



Water Rice+ Rice+ Rice+ Water Rice+ Rice+
Flower Incense Candle Food Cone



- plates for Tsog distribution (Sangha gets first and left overs will be collected last from them)
- Collection starts always in the back of the room
- everybody needs to take a bite from the left overs before offering (tell them if needed)

- plate for left over collection
- keep lighter and incense stick ready
- Bala & Mandana (meat and spirit) given to those with highest yoga tantra initiation after Tsog distribution
- Put left over meat and spirit and on collected leftovers, light incense and wait until Umdze sends you out
- Put it outside and stick incense in

