



Land of Joy

Buddhist Retreat Community

We have had to organise things a bit differently from normal, but you will still receive a warm welcome and we are doing everything we can to ensure you have a safe and enjoyable stay.

Land of Joy is a residential community with most of the team living on-site. It is very important, therefore, that we take precautions to avoid an outbreak and the possibility of having to close the centre and we appreciate your co-operation in keeping us all safe. These guidelines are kept under review and may change at short notice.

- We're limiting the number of visitors and asking all visitors to respect social distancing measures. Use of masks is expected in certain situations.
- There is increased cleaning of the main house, including toilet facilities, door handles and other contact points and hand sanitisers in the house and huts for your use

COVID SECURE SAFETY MEASURES

Before you come

1. Please do not come to the centre if you have any COVID symptoms - (a high temperature, new and persistent cough, or a loss of/change in sense of taste or smell), even if these symptoms are mild - or have been in close contact with someone who has. You should follow the [guidance on testing and self-isolation](#)
2. Please provide us with evidence of double vaccination and a negative lateral flow test within the 24 hours prior to arrival by emailing bookings@lanofjoy.co.uk. We also request that you test every other day during your week here (tests can be supplied).

If you develop symptoms or test positive at Land of Joy

Guests with confirmed or suspected COVID-19 - the current government advice is that people should return home if they reasonably can.

It is unlikely you will be able to self-isolate at Land of Joy and may have to arrange private transport home. Please make arrangements for this eventuality prior to your arrival.

Arrival

- Please provide an ETA so that the one of the team is around to greet you and show you around

Using the main house

- There will be some restrictions on which areas of the main house are available and how to access them. These will be discussed on arrival.

If you have any queries, please email or telephone (01434 240 421).

Thank you for your understanding and support. We hope you will feel at home and have a wonderful time with us.