

Phil

How you got involved with LOJ.

Following a difficult 2021, I saw an advertised course/retreat at Land of Joy and registered my interest in this.

I then started looking around the website for more information on Land of Joy and saw that they needed a General Manager and volunteers. After some thought, I thought that I could help and applied for the role. I was fortunate enough to be accepted.

Why you decided to join the board/team of LoJ,

I enjoy reading and a lot of the books I had such as Simon Sinek's, Start with Why, Jay Shetty's, Live Like a Monk, and others all suggest that living in service of others is beneficial. They are not wrong!

What you love about LOJ

The atmosphere at Land of Joy is so special. It's calming, exciting, vibrant and relaxing. When there is a retreat taking place, it makes all the effort you put in feel worth it. Seeing smiles on retreatants' faces and their love for the place.

The volunteers at Land of Joy are also very special. There is a connection with them that cannot be described, nonetheless, I have made friends for life.

Would you change anything?

I would love to see Land of Joy become very self-sufficient. This takes time, money, and people but I feel that this is possible and would be my number one focus for the now and future.

Where would you like to see LOJ in the future/your personal vision/ aspiration for LOJ

Being self-sufficient as above, having room on and off-site for volunteers. Building more retreat huts and having some dedicated to Sangh Members, along with creating a community of people who benefit from Land of Joy.