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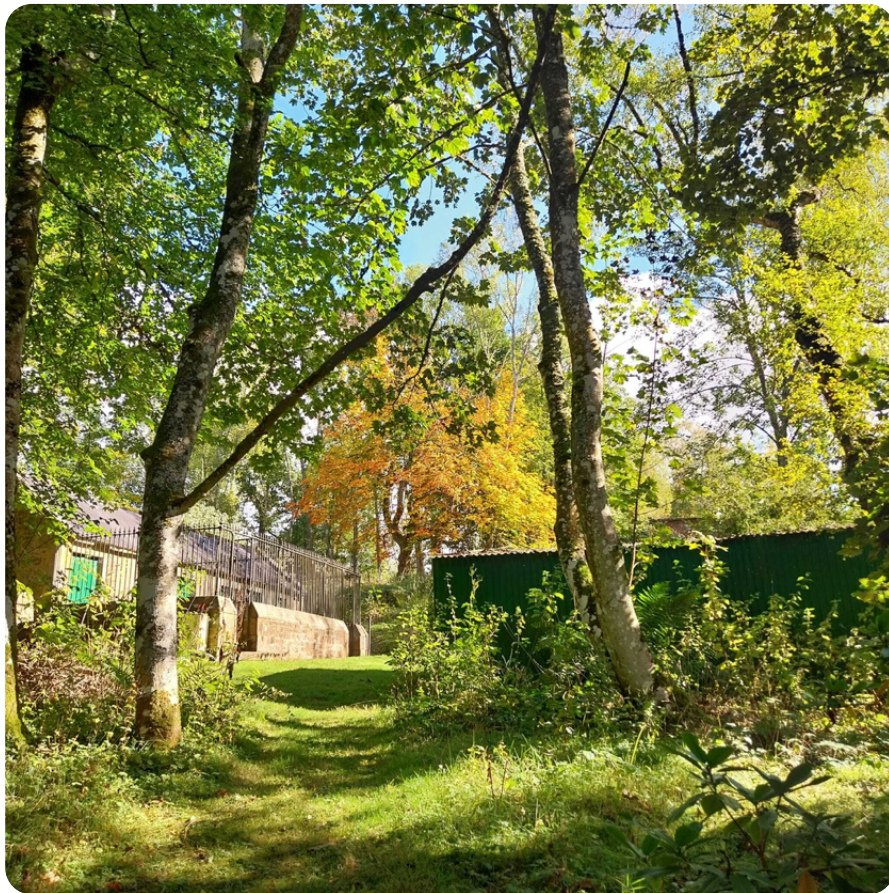
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Land of Joy

Buddhist Retreat Community



“ As the seasons pass, so does your life; as summer, autumn, winter and spring pass quickly by, so does your life, getting shorter and shorter, finishing more and more quickly.”

- Lama Zopa Rinpoche -

October has arrived, bringing autumn's deeper rhythms to Land of Joy. The trees blaze copper and gold, morning mist lingers in the valleys, and our fires now glow in the darker evenings. Here at Land of Joy, we're embracing the season's invitation to slow down, to gather closer, and to find warmth in community as the days grow shorter.

As the wheel turns and the season deepens, we're grateful to walk this path with you.

His Eminence 104th Ganden Tripa Lobsang Tenzin Rinpoche (1935-2025)



In Memoriam: His Eminence the 104th Ganden Trisur Rinpoche

With deep sadness we share that His Eminence the 104th Ganden Trisur Rinpoche Jetsun Lobsang Tenzin passed away on September 26, 2025 at Sera Je Monastery, Bylakkupe, India.

His Eminence was teacher to thousands worldwide and offered tremendous support to the FPMT organization, particularly Kopan Monastery. Participants of the 2025 CPMT Summit were blessed to receive his wisdom during a special visit in April.

Appointed the 104th Ganden Tripa by His Holiness the Dalai Lama in 2017, he served as head of the Gelug school until November 2024. His Eminence was always incredibly available, supportive, and kind to FPMT, offering guidance and advice with characteristic humility.

The loss of such a highly regarded teacher will be felt deeply by students around the world. We join all in praying for his swift return and rejoicing in this truly beneficial and inspiring life of kindness, service, and humility.

Land of Joy Volunteers





Building Community: The Heart of Volunteer Life at Land of Joy

At Land of Joy, we speak about sangha as one of the three precious jewels of our practice. This September, our volunteer community has discovered new depths to that truth through gathering, connecting, and growing together.

Beyond caring for our gompas, kitchen, and gardens, volunteers have created rich shared experiences. Weekly book clubs explore Buddhist texts and contemporary teachings in spaces where questions flow freely. Weekly walks through Northumberland's landscapes offer moving meditation—in sunshine or drizzle, always with good humor and open hearts.

Evening movie nights bring cozy companionship by the crackling fire. Day trips to the sea and ice cream stops at Tower Knowe remind us that spiritual practice and simple joy are beautifully intertwined.

Most precious have been Q&A sessions with Tulku-la, where volunteers bring questions and insights directly to a valued teacher, enriching everyone's

understanding.

This month has reminded us that sangha isn't just about practicing alongside each other—it's about building genuine relationships that support our journeys while creating something larger than ourselves. The warmth of true spiritual friendship makes every task lighter and every practice deeper.

Join Our Woodland Working Week, October 24th - 31st, 2025!

Ready to reconnect with nature while helping preserve our precious woodlands? **We're looking for volunteers to join us for a week of meaningful outdoor work in our beautiful sanctuary.**

- Days start at 9:30am with optional communal prayers
- Woodland tasks suited to your comfort level
- Morning tea breaks with biscuits under the trees
- Hearty lunches and home-cooked meals provided
- Wildlife spotting - kingfishers, red squirrels, deer, herons & more! Evening meditation and relaxation time

What We Offer:

- Accommodation at Land of Joy (shared rooms)
- All meals provided as our thank you
- The chance to care for a wildlife haven
- Deep connection with nature and community

Whether you're handy with tools or new to woodland work, we'll find tasks that suit you perfectly! Concerned about what's involved? Email bookings@landofjoy.co.uk and we'll chat.

This is more than volunteering - it's a chance to nurture the land that nurtures so many souls (and wildlife friends!) . If you're ready to get your hands in the earth book your place below!

Book Your Place at The Woodland Working Week

Our Dining Room is Rejuvenated!

Our dining room renovation is complete! Fresh carpet, new heating, updated flooring, and newly painted walls have transformed this beloved gathering space into a warm and welcoming haven.

This project wouldn't have been possible without generous contributions from our supporters and dedicated efforts from our volunteer community. To everyone who contributed through donations, physical labor, or patient encouragement—thank you. 🙏 Your generosity has created a more beautiful and comfortable space for all who gather here.

We look forward to welcoming you to enjoy it soon!





Help Guide a Buddhist Retreat Centre



Join Our Board: Shape the Future of Land of Joy

We're seeking thoughtful, community-minded people to help guide Land of Joy — a peaceful Buddhist retreat centre in Northumberland.

What You'll Gain:

- Opportunity to make a real difference
- Experience in charity governance
- Membership in a warm, supportive community

What We're Looking For:

- Heart connection with our mission
- Commitment to quarterly meetings (remote or onsite)
- Some availability for development work between meetings
- Skills in charity law, land stewardship, legal matters, or local connections particularly useful
- Collaborative spirit

How to Apply: For an informal chat, email chair@landofjoy.co.uk and secretary@landofjoy.co.uk

Join us in creating a place of peace and transformation.

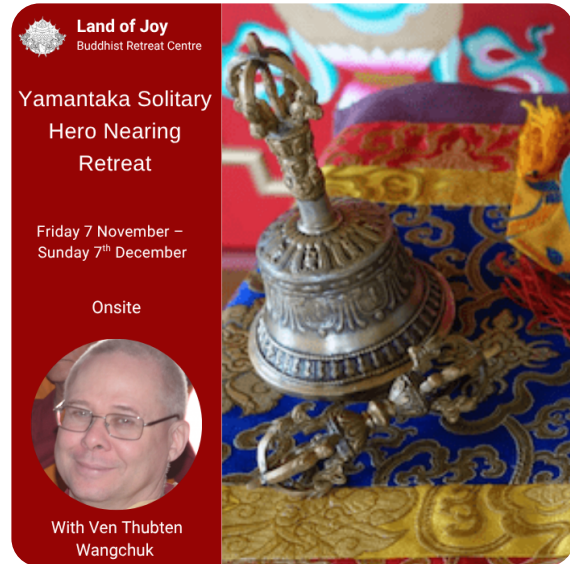
Become a Trustee at Land of Joy

Upcoming Retreats

Shamatha Retreat: Cultivating Clear Attention with Ven Mary

We invite you to join us for an essential foundation retreat focusing on Shamatha - the development of calm abiding that provides the mental stability necessary for all

advanced spiritual practice. Led by Ven Mary, this retreat offers participants the opportunity to cultivate the clear, focused mind that enables genuine transformation.



Yamantaka Nearing Retreat with Ven Wangchuk

We invite you to join us for a transformative one-month Yamantaka Nearing retreat, led by the esteemed Ven Wangchuk in his fourth return to Land of Joy. This profound practice offers participants the rare opportunity to engage deeply with one of Tibetan Buddhism's most powerful wisdom practices under the guidance of a teacher who has studied with many great masters and whose teachings are renowned for their clarity and authenticity.

Open to those who have received the Solitary Hero Yamantaka initiation.

Recent Retreats



[Click this image to see video from the Planetary Crises Summit](#)

Planetary Crises Summit 2025: A Weekend of Resilience and Empowered Action

We recently joined the FPMT Planetary Crises Summit 2025, connecting with Buddhist centres across Europe to explore how ancient wisdom can guide us through modern crises.

Mornings brought teachings via Zoom with Ven. Amy Miller, Andy Wistreich, and Paula Chichester on cultivating inner strength. Afternoons offered walking meditations through our countryside and woodlands, remembering we are not separate from the Earth we seek to heal.

Day two shifted from inner cultivation to outer engagement. How do we transform resilience into action? How do communities become refuges for change? We discovered that planetary healing happens through each person's unique contribution to the whole.

Throughout the weekend, a beautiful truth emerged: we don't face these crises alone. Connected across Europe, supported by local community, and grounded in ancient wisdom, we're part of an emerging network of conscious response.

Thank you to everyone who joined us for this vital weekend. Together, our community truly can become a beacon of light.

"The other people there were incredibly welcoming, loving and kind"

"Really appreciate the space that has been created here for courses & especially for short retreats. Appreciate the generosity model too - very accessible"

Retreat Hut Availability

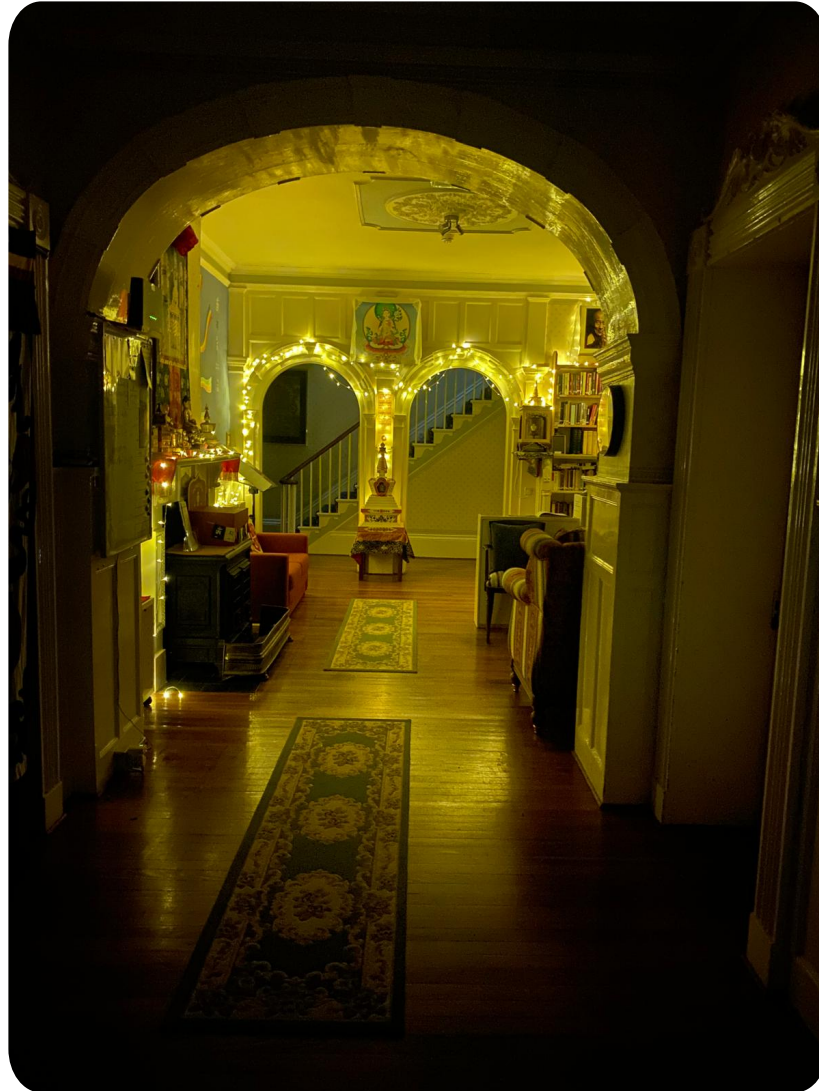


Land of Joy is a wonderful environment for retreat. Our semi-rural location offers quiet, spacious and beautiful grounds which can be explored during your

breaks whilst the retreat facilities provide a private space that will support your practice.

We have limited availability in the coming months:

- **Retreat Hut 3:** 17th - 27th November



A big thank you, as always, for your ongoing support of Land of Joy.
Please continue to visit us and support us in any way you can.

We hope to see you soon!



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Lama Thubten Yeshe, Founder
Founder and Spiritual Director, Lama Zopa Rinpoche

